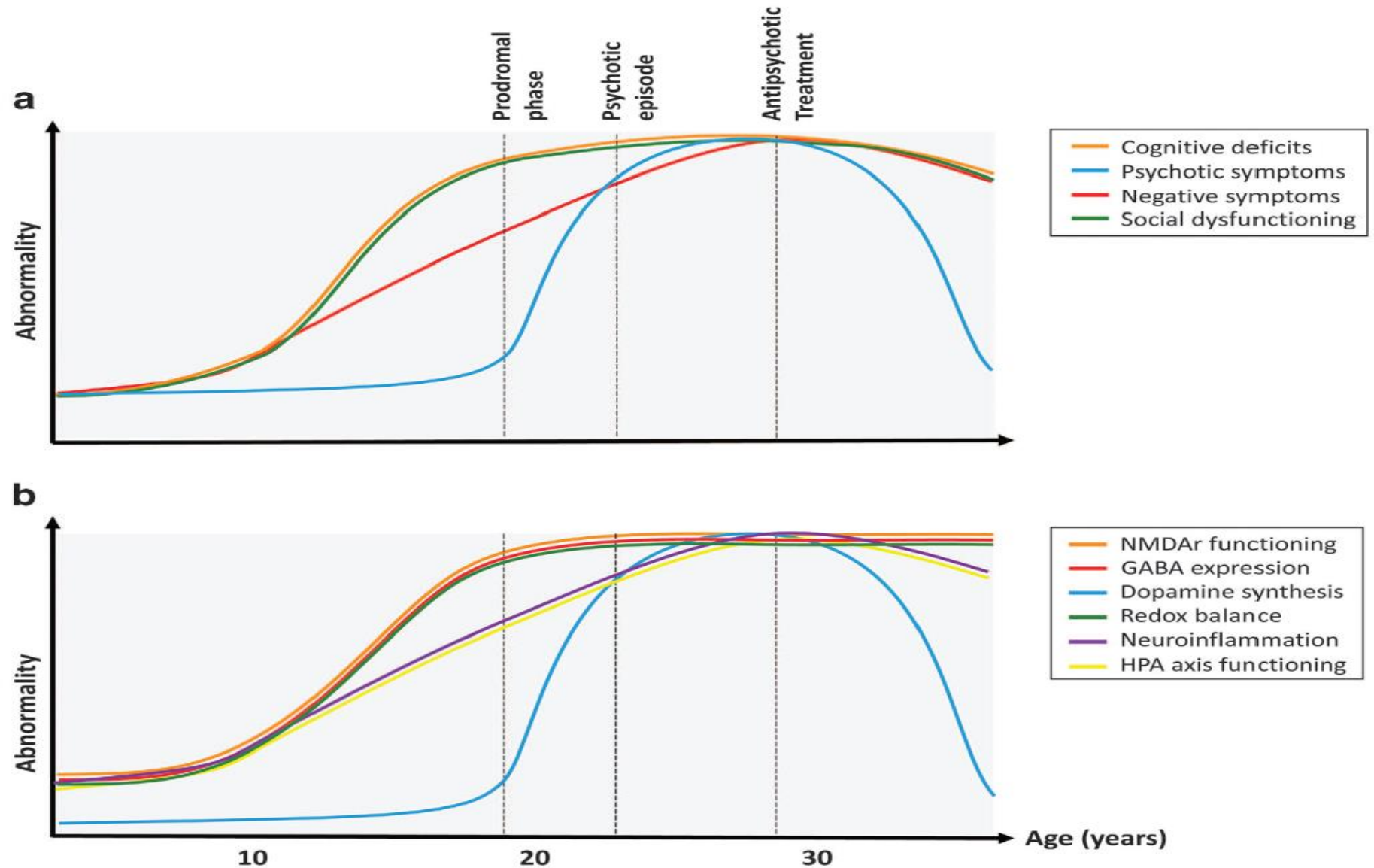


Psychosocial Rehabilitation to promote recovery from first episode psychosis

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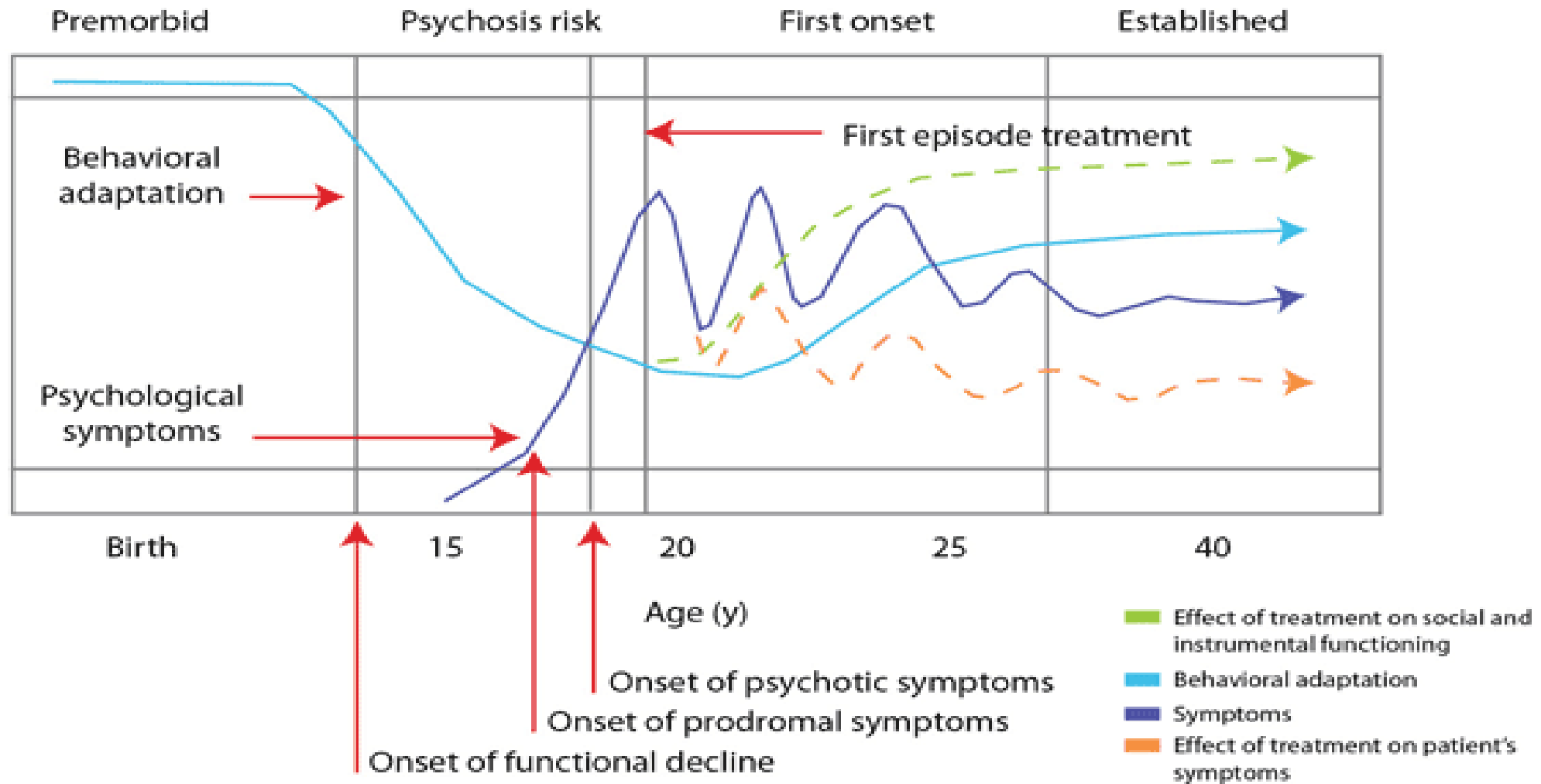
The critical period for intervention for psychosis



Hypothesized typical course of schizophrenia. (a) shows the clinical course of the disease. (b) shows the hypothesized course of the underlying molecular mechanisms.

Figure 1

The early stages of psychosis



Aims of an Early Intervention Service

- Reduce delays (&DUP) by:
Promote early detection and collaborative engagement in the community
- Optimise assessment & diagnosis by:
Comprehensive bio/psycho/social assessment
- Maximise recovery by:
Providing integrated bio/psycho/social community Rx
Focus on functional as well as symptomatic factors
Addressing co-morbidity and treatment resistance early
- Prevent relapse by:
Ensuring assertive follow-up and psychoed. During critical period



Recovery is a word two meaning

Clinical recovery ,which generated by the expertise of mental health professionals, is strict criteria focus on getting rid of symptom, retrieve personal control and aim to 'getting back to normal'



recovery comprises full symptom remission, full- or part-time work or education, independent living without supervision by informal carers , and having friends with whom activities can be shared, all sustained for a period of 2 years .

Liberman, R., Kopelowicz, A., Ventura, J. and Gutkind, D. (2002). Operational criteria and factors related to recovery from schizophrenia. *International Review of Psychiatry*, 14(4), pp.256-272.

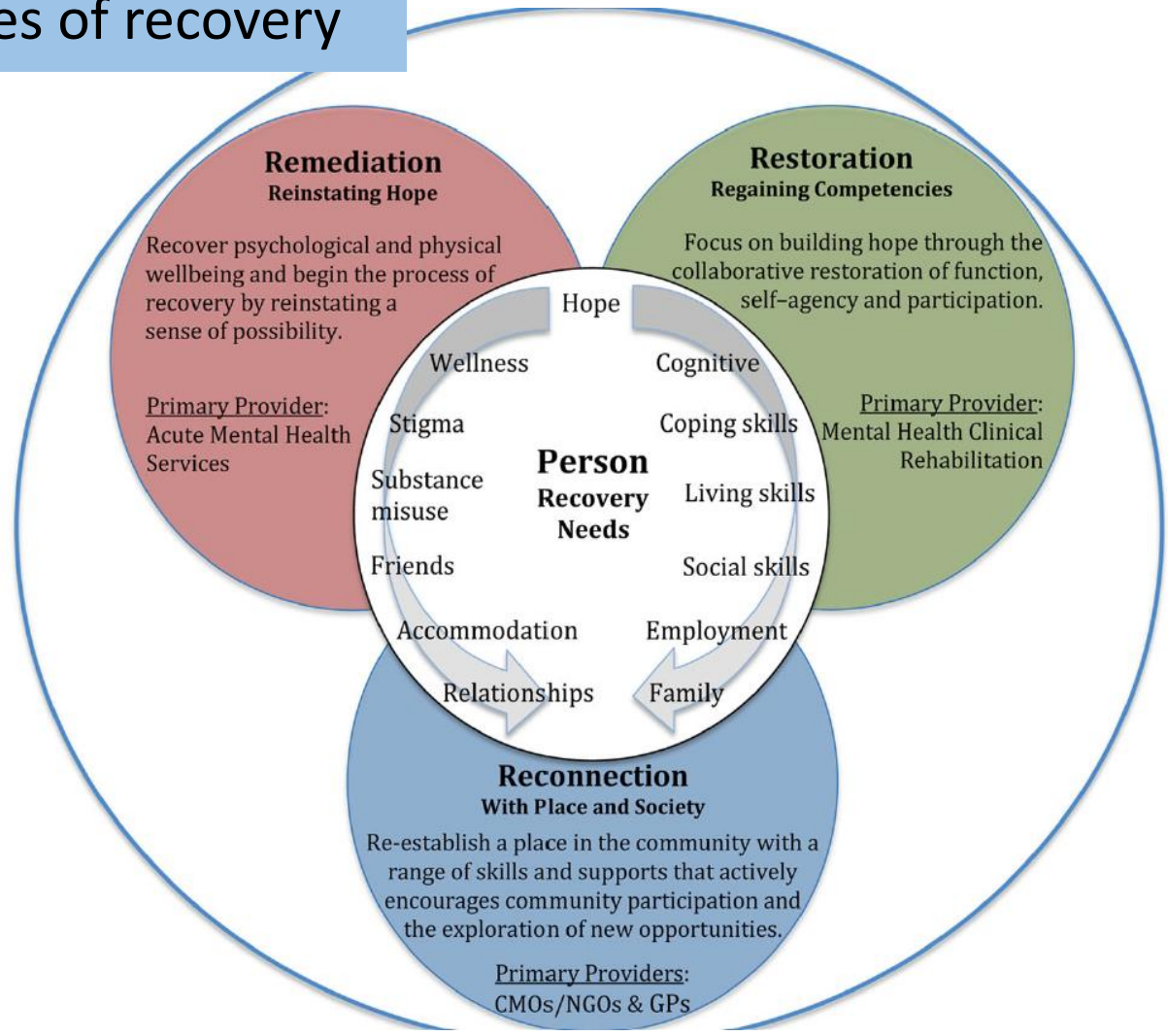
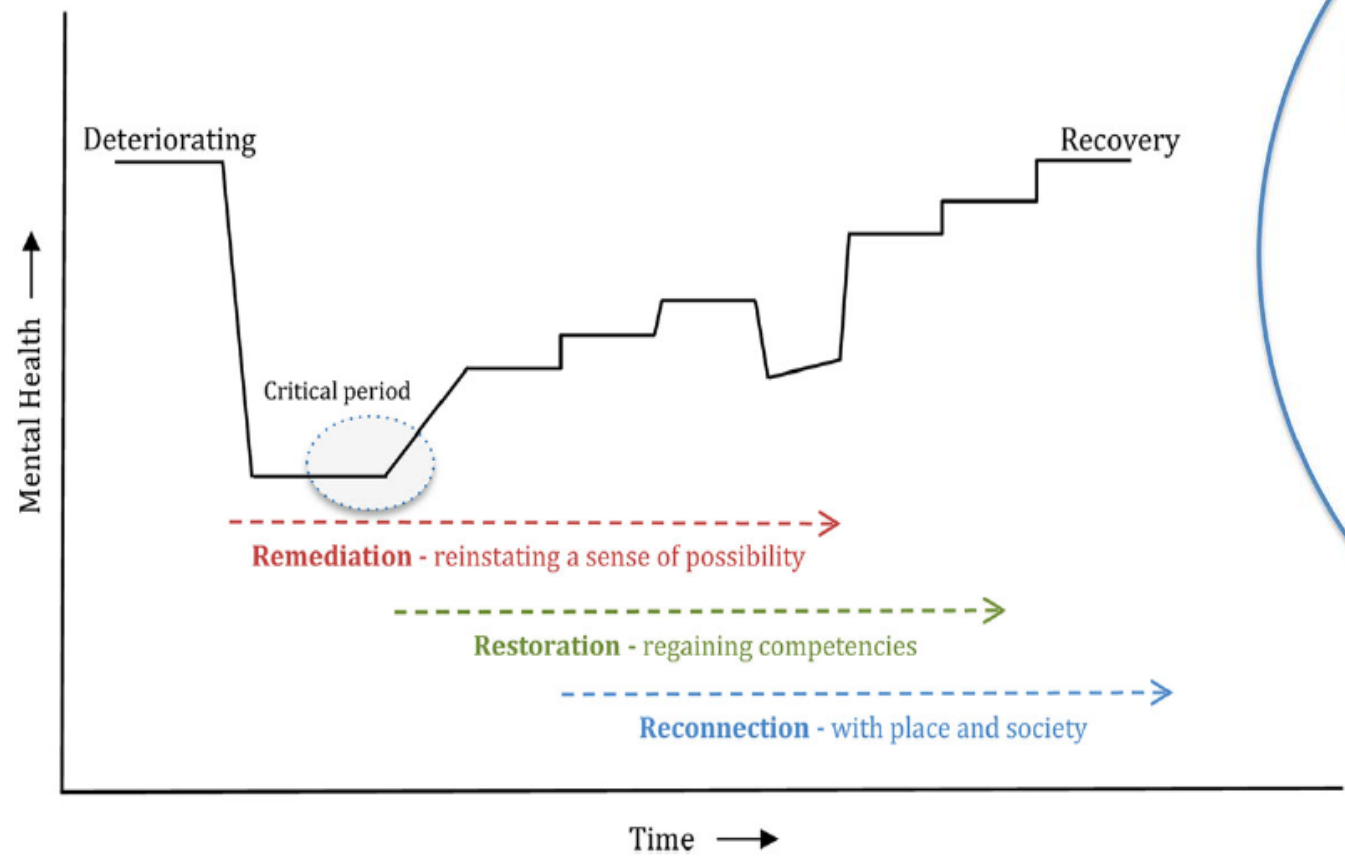
Personal recovery has emerged from the expertise of people with mental illness . It is more concerned with psychosocial disability and the support needed and to foster greater community participation



Recovery is a deeply personal, unique process of changing one's attitudes, values, feelings, goals, skills, and/or roles. It is a way of living a satisfying, hopeful, and contributing life even within the limitations caused by illness

Anthony, W. A. (1993). Recovery from mental illness: The guiding vision of the mental health service system in the 1990s. *Psychosocial Rehabilitation Journal*, 16(4), 11-23.

Integrated Recovery-oriented Model (IRM) - Phases of recovery

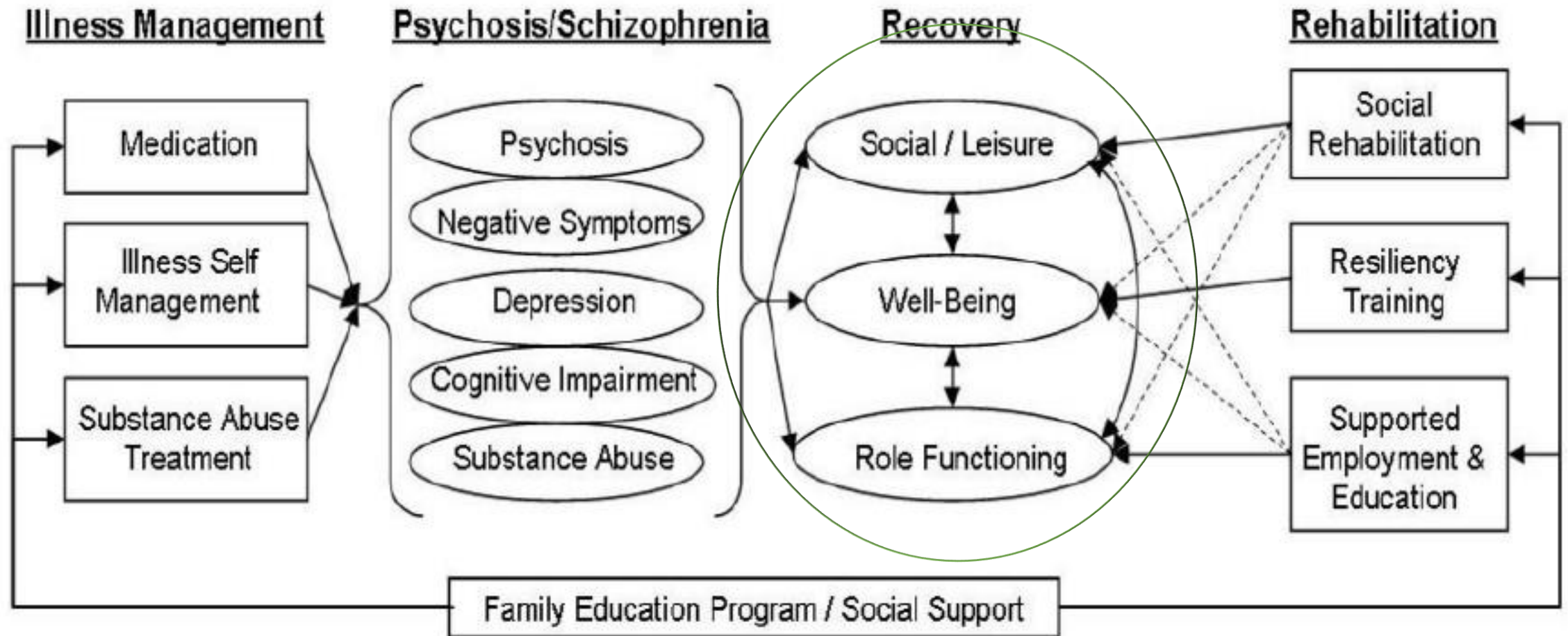


Frost, B., Tirupati, S., Johnston, S., Turrell, M., Lewin, T., Sly, K. and Conrad, A. (2017). An Integrated Recovery-oriented Model (IRM) for mental health services: evolution and challenges. BMC Psychiatry, 17(1).

Guidelines for early psychosis intervention (EPI) programs

- Provide specialized psychosocial rehabilitation services (e.g., vocational rehabilitation) as an integrated part of the EPI program.
- Make available interventions to remediate and/or compensate for cognitive problems.
- Make other specialized rehabilitation/supported employment/supported education services available to clients having significant functional difficulties.
- Make available supported housing.

Clinical management strategies to promote recovery



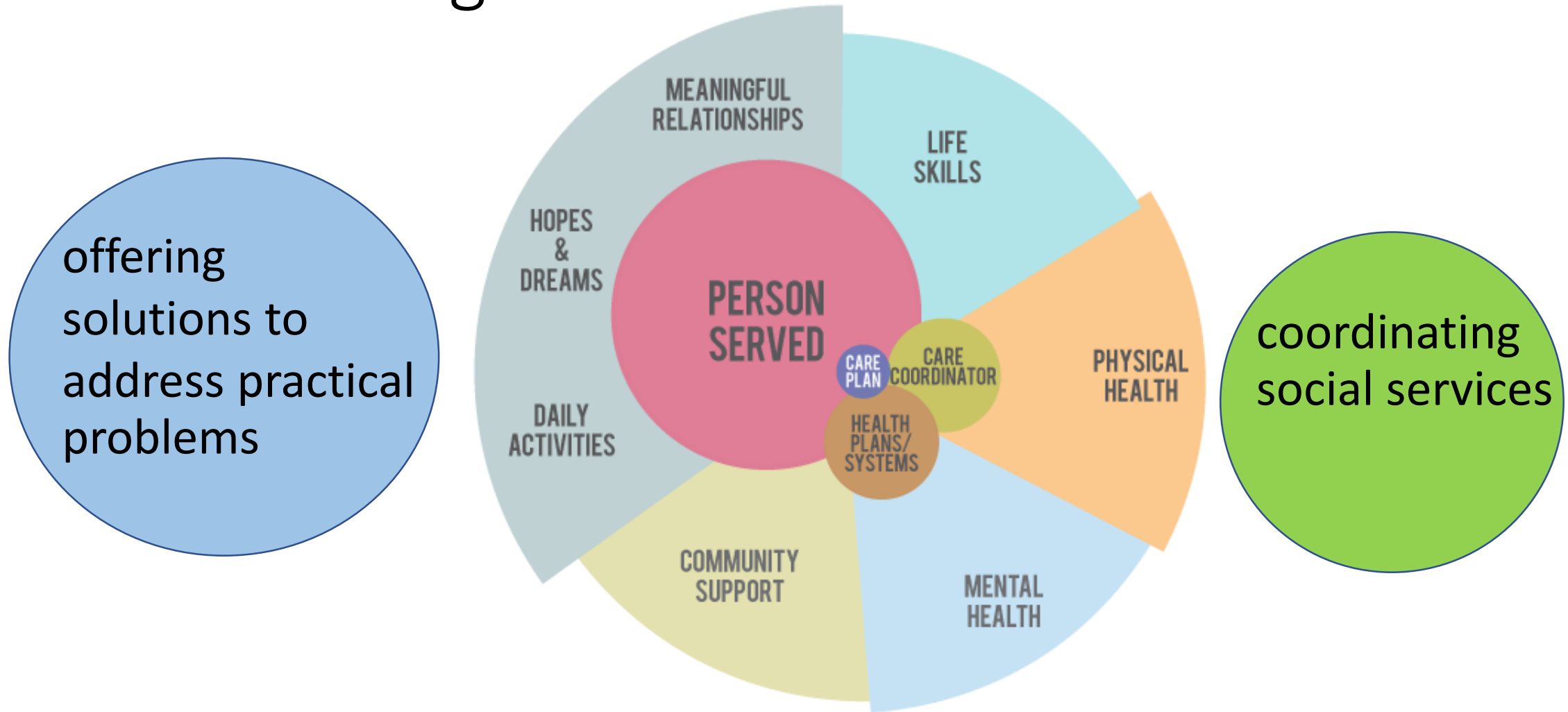
Recovery After an Initial Schizophrenia Episode Early Treatment Program (RAISE ETP)

Mueser, K., Gingerich, S., Addington, J., Brunette, M., Cather, C., Gottlieb, J., Lynde, D. and Penn, D. (2014). The NAVIGATE Team Members' Guide. [ebook] pp.17-22. Available at: <https://navigateconsultants.org/manuals/> [Accessed 18 Jul. 2019].

Component of
treatment that
promote
recovery



Case Management






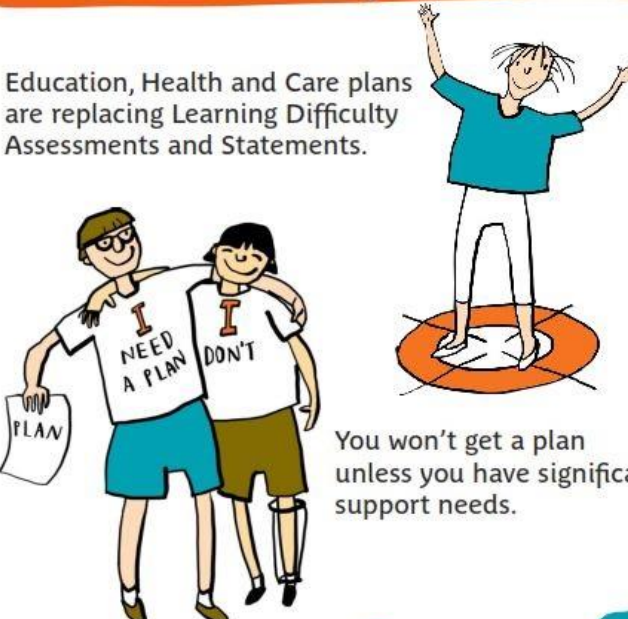
Supported Employment and Education (SEE)

EDUCATION, HEALTH AND CARE PLANS



Education, Health and Care plans are replacing Learning Difficulty Assessments and Statements.

Education Health and Care plans are a lot more focused on the individual person and will help young people get the support they need to achieve their goals.

You won't get a plan unless you have significant support needs.



For more info talk to one of the impartial information, advice and support services. To find your local service visit www.councilfordisabledchildren.org.uk. Talk to your family, teachers, tutors and support workers. Get in touch with your local authority. You can find their contact information on the GOV.UK website.



Contact us!

Call or email **Liz Cranfield** to get more information about what supported employment has to offer.

buyability.org.au
hello@buyability.org.au
(02) 6283 3206



Psychotherapy

cognitive and
behavioral treatment

resilience training



copng skills

illness and wellness
management

Family Education and Support

understanding
of psychotic
symptoms

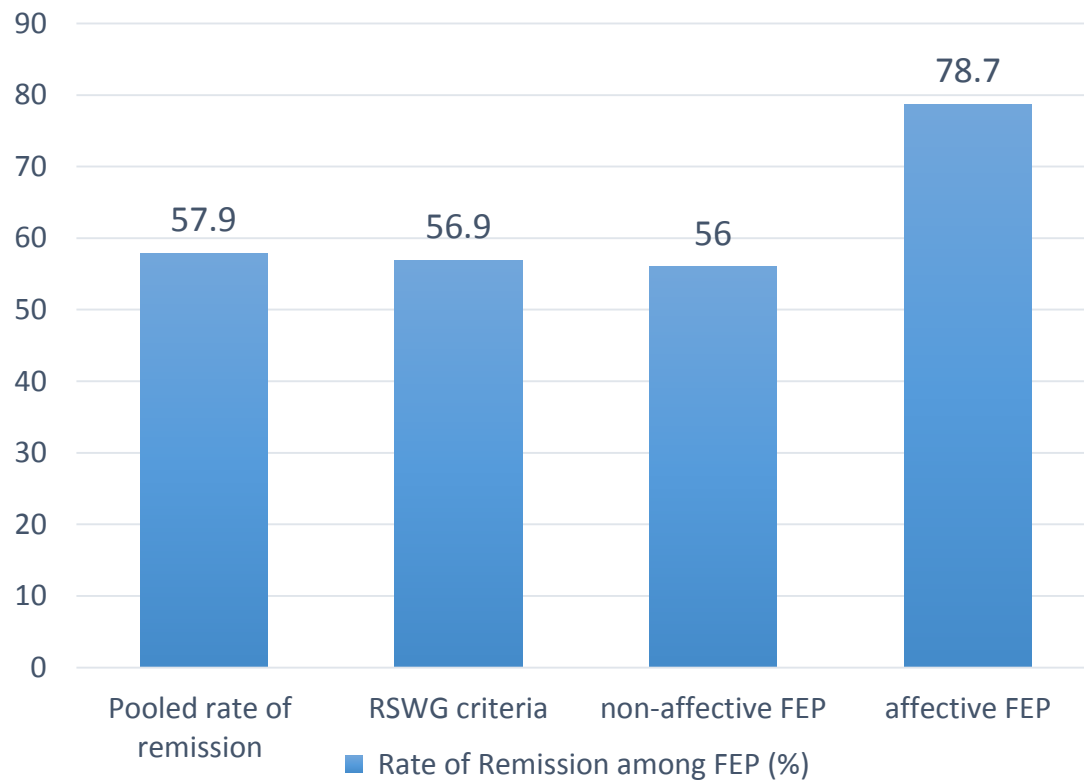
treatment options



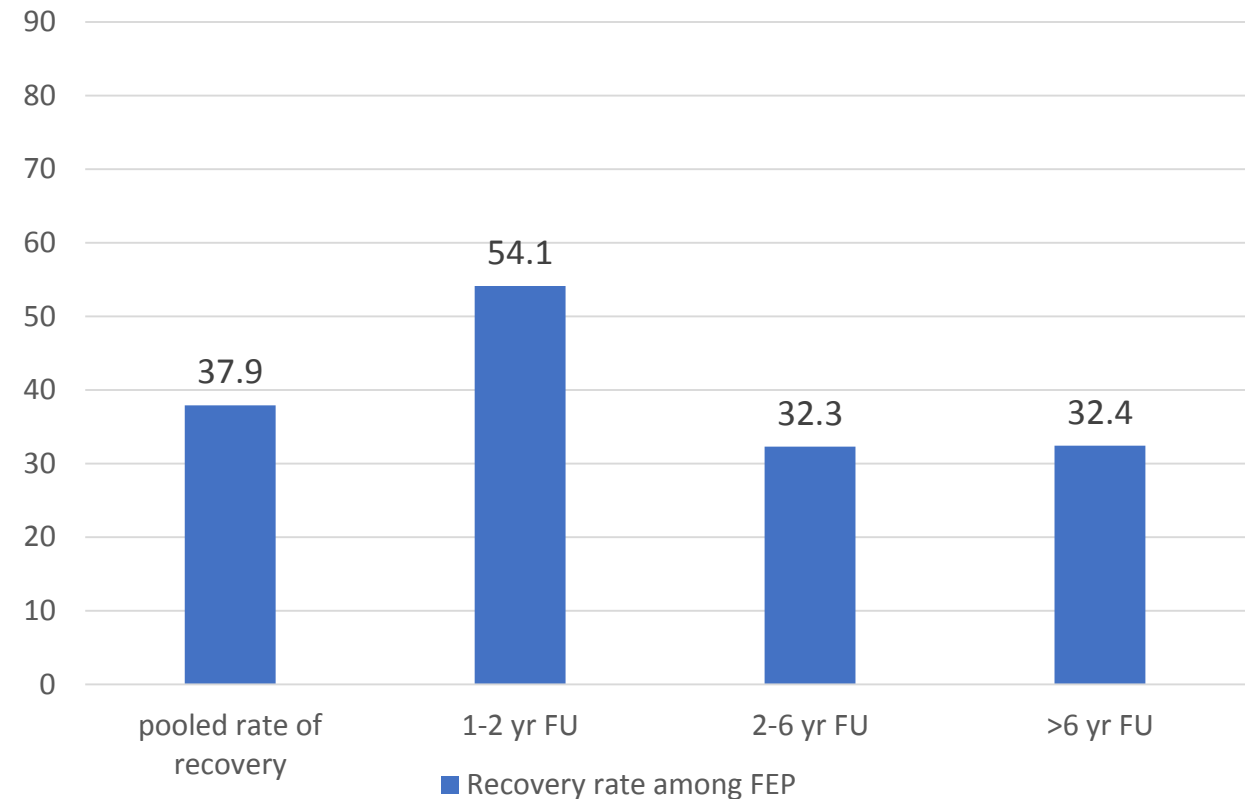
alliance between treatment team and family members

Remission and Recover from FEP in adult

Remission rate(%) among FEP
The mean follow-up periods 5.5 years

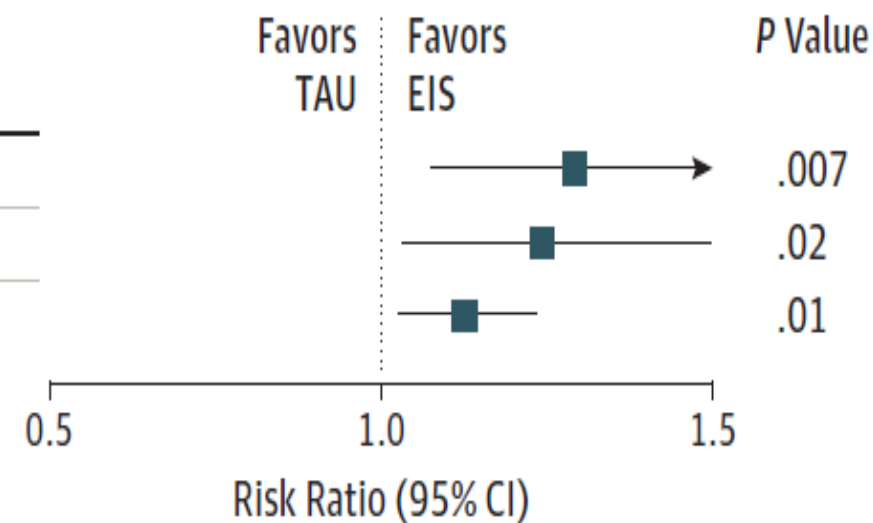


Recovery rate (%) among FEP
The mean follow-up period 7.2 years.

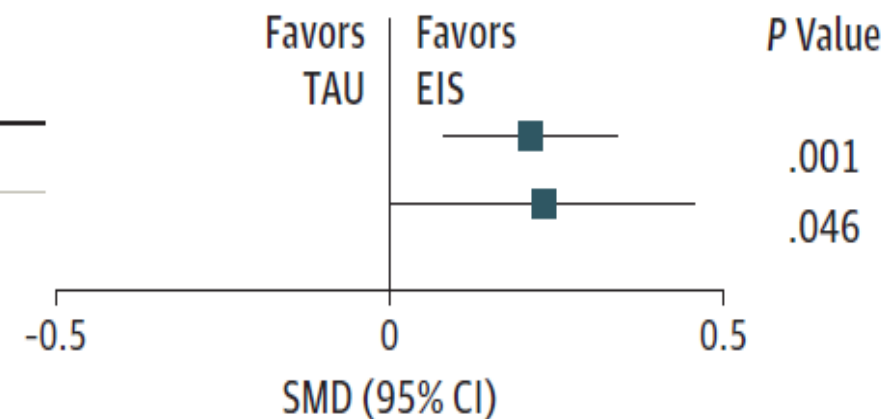


Comparison of Early Intervention Services vs Treatment as Usual for Early-Phase Psychosis

	No. of Studies	No. of Patients	Risk Ratio (95% CI)
Remission	7	1229	1.29 (1.07 to 1.55)
Recovery	3	640	1.24 (1.03 to 1.50)
Involvement in school or work	6	1743	1.13 (1.03 to 1.24)



	No. of Studies	No. of Patients	SMD (95% CI)
Global functioning	7	1005	0.21 (0.09 to 0.34)
Quality of life	4	505	0.23 (0.00 to 0.46)



Correll, C., Galling, B., Pawar, A., Krivko, A., Bonetto, C., Ruggeri, M., Craig, T., Nordentoft, M., Srihari, V., Guloksuz, S., Hui, C., Chen, E., Valencia, M., Juarez, F., Robinson, D., Schooler, N., Brunette, M., Mueser, K., Rosenheck, R., Marcy, P., Addington, J., Estroff, S., Robinson, J., Penn, D., Severe, J. and Kane, J. (2018). Comparison of Early Intervention Services Vs Treatment as Usual for Early-Phase Psychosis. JAMA Psychiatry, 75(6), pp.555-565.

THANK YOU

FOR YOUR ATTENTION